



NORTHEAST MISSOURI  
AMBULATORY SURGERY CENTER

**ANESTHESIA/SEDATION AND PATIENTS TAKING GLP-1 AGONIST**

**GLP-1 receptor agonists**

**Adlyxin (lixisenatide)**

**Bydureon BCise (exenatide suspension)**

**Byetta (exenatide)**

**Mounjaro (tirzepatide)**

**Zepbound (tirzepatide)**

**Ozempic (semaglutide)**

**Rybelsus (semaglutide)**

**Wegovy (semaglutide)**

**Victoza (liraglutide)**

**Saxenda (liraglutide)**

**Tanzeum (albiglutide)**

**Trulicity (dulaglutide)**

**ALL patients on GLP-1 agonists (for weight loss or Diabetes Mellitus):**

- Diabetic patients need to obtain advice from their primary care physician or endocrinologist that manages their diabetic medication regimen in order to maintain optimal glucose control in the week leading up to the surgery/procedure.  
-**HOLD** GLP-1 PO **daily** meds and **daily** injections on the **AM of surgery**  
-**STOP weekly** GLP-1 injections **ONE WEEK prior to elective surgeries/procedures**  
-Procedure/surgery may be delayed or cancelled if any of the following symptoms are present on the day of surgery/procedure:  
nausea/vomiting, abdominal pain or bloating  
-Clear liquid diet **day before surgery** then **NPO (nothing by mouth) after midnight**

**Clear Liquid Diet Day Before Surgery/Procedure Includes:**

- water
- broth
- fruit juice without pulp (ex: apple juice)
- carbonated beverages
- sports drinks (without protein)
- clear tea
- black coffee
- popsicles (no fruit bars)
- jello (no fruit or toppings)

Clear liquids do **NOT** include: alcohol, orange juice, milk, coffee creamer, protein drinks, smoothies. Please avoid red and purple liquids.

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You will receive a phone call from Northeast Missouri Ambulatory Surgery Center 5-7 days prior to your procedure/surgery to confirm appt date/time and review health history/medications. If you do not receive this phone call, please call 573-406-1301. Thank you.